



# PAC-10 NEWS

---

1350 Treat Boulevard, Suite 500 • Walnut Creek, California 94597-8853  
Telephone (925) 932-4411 • Fax (925) 932-4601 • <http://www.pac-10.org>

**FOR IMMEDIATE RELEASE:** Monday, April 20, 2009

**Contacts:** Dave Hirsch

## **PACIFIC-10 CONFERENCE OUTDOOR TRACK AND FIELD ATHLETES OF THE WEEK**

WALNUT CREEK, Calif. -- Pacific-10 Conference outdoor track and field athlete of the week honors for the week of April 13-19:

**Men's Track Athlete of the Week: BRANDON BETHKE, ARIZONA STATE** (Jr., Lake Forest, Calif.). Bethke ran his first 5,000m outdoor race in nearly one year and clocked a time of 13:27.79, which bettered the previous ASU school record by nearly 10 seconds (was 13:37.71 by Aaron Aguayo in 2007) and also nearly one minute better than his previous personal best of 14:22.82 run last year. Currently, Bethke's time leads the NCAA and is the ninth-best in the world. It also stands as the second-best in the Pac-10 this year and the best among times recorded outdoors this season.

**Men's Field Athletes of the Week: TRENT ARRIVEY, WASHINGTON STATE** (Jr., Woodenville, Wash.). Arrivey cleared a lifetime-best and improved NCAA Regional Qualifying height of 7-feet, 4 1/2 inches (2.25m) as the top collegiate high jumper at the Mt. SAC Relays. His mark ties the fourth-best men's high jump mark in school history with Doug Nordquist (Pullman, 1981), and ties the national leader this season.

**Women's Track Athlete of the Week: ANITA CAMPBELL, WASHINGTON** (Jr., Vancouver, B.C.). Campbell ran a 15 second PR in the 5,000-meters at the Mt. SAC Relays on Friday night, crossing the line in 15:45.85, which is the second-fastest time in school history, and ranks fourth in the NCAA this season. A three-time NCAA 5,000-meter competitor, Campbell had not run the distance outdoors since 2007. Campbell already ranked sixth nationally as well in the 10,000-meters.

**Women's Field Athlete of the Week: MARISSA TSCHIDA, WASHINGTON STATE** (So., Missoula, Mont.). Tschida threw the javelin a school-record distance of 175-feet, 11-inches (53.63m) to finish as the top collegian, and second overall in the women's university/open javelin at the Mt. SAC Relays, an elite field that included several recent Olympians. Her 175-11 toss is an improved NCAA Regional Qualifying mark by over 10 1/2 feet. Tschida shattered the WSU women's record of 169-7 (51.70m) thrown by Jenna Dean in 2005.

## **2009 PAC-10 TRACK AND FIELD ATHLETES OF THE WEEK**

**MEN'S TRACK** – April 8 - **Jeshua Anderson**, WSU (400m Hurdles/110m Hurdles). April 13 - **Jeshua Anderson**, WSU (400m Hurdles/110m Hurdles). April 20 - **Brandon Bethke**, ASU (5,000m).

**MEN'S FIELD** – April 8 - **Cyrus Hostetler**, ORE (JT). April 13 - **Ryan Young**, CAL (JT). April 20 - **Trent Arrivey**, WSU (HJ).

**WOMEN'S TRACK** – April 8 - **Amber Purvis**, ORE (100m/200m/4x100). April 13 - **Charonda Williams**, ASU (100m/200m). April 20 - **Anita Campbell**, WASH (5,000m).

**WOMEN'S FIELD** – April 8 - **Jamesha Youngblood**, ORE (LJ). April 13 - **Sarah Stevens**, ASU (SP/DT/HT). April 20 - **Marissa Tschida**, WSU (JT)